

Maryland Tai Chuan Do 2010 Tournament
DIVISIONS, POLICIES, TENTATIVE SCHEDULE, AND RULES

Divisions: 9 & Under - White to Orange, 9 & Under - Green to Black,
10-12 White to Orange, 10-12 Green to Black,
13 –15 White to Orange, 13-15 Green to Brown,
Women - White to Orange, Women - Green to Brown, Women-Black
Men - White to Orange, Men - Green to Brown, Men-Black
See Grappling Registration Form for weight divisions.

Policies: There must be at least 4 competitors to make a division. Otherwise they will be added to another division. We will attempt to supply at least 2 black belt judges per event. There will be at least three rings for sparring and kata competition and mats for one step sparring competition. We are awarding trophies for 1st place and certificates for 1st through 3rd place in each event/division. Tournament pre-registration entry fee is \$10 with a maximum of \$30 per family (due by April 13). Tournament entry fee at the door is \$20 with no family discount. There is no spectator fee but donations are accepted to defray costs associated with expenses. ALL attendees must show respect, whether spectator or participant.

A MEDICAL RELEASE FORM IS REQUIRED FOR ALL PARTICIPANTS

Tentative Schedule: The tournament will start **promptly** at 9:00am. Arrive early for registration and warm-up. We will have two periods, one at 9:00am and the other following a lunch break. Make sure students bring money to purchase a lunch or a sack lunch.

Rules:

Point Sparring

- Protective mouth guard, head, foot & hand gear (dipped foam only) required. Foot gear must extend and cover toe area. Hand gear must cover knuckle area. Chest and groin protection suggested.
- At least 3 judges per ring with the majority of judges witnessing the same strike for point.
- The groin is not a legal target.
- Hand Strikes, Kicks and Gi may not be trapped or grabbed.
- Sweeps of the leg are not permitted.
- Matches will be two minutes or five points. 2 points per kick. 1 point per punch.
- The competition is single elimination with a consolation round to determine 3rd place.
- Contact is not required in order to score. White belts may compete at their sensei's approval.
- Matches are NO contact to the face, light contact to the head and body.
- Competitor pairing is done at random within the division.

Continuous Sparring

- Protective mouth guard, head, foot & hand gear (dipped foam only) required. Foot gear must extend and cover toe area. Hand gear must cover knuckle area. Chest and groin protection suggested.
- The groin is not a legal target.
- Traps are permitted
- Sweeps of the leg are permitted.
- Matches will be two minutes.
- The competition is single elimination with a consolation round to determine 3rd place.
- Contact is not required in order to score. White belts may compete at their sensei's approval.
- Matches are NO contact to the face, light contact to the head and body.
- Competitor pairing is done at random within the division.

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Kata

- Music is not allowed. Order of performance is randomly selected.
- Ties will be broken by the two competitors performing again.
- Competitors may compete at only one belt level.

Original Kata

- Music is not allowed. Order of performance is randomly selected.
- Competitors must compete in the standard Tai Chuan Do Kata competition to be eligible.
- Ties will be broken by the two competitors performing again.
- No gymnastic moves are permitted except a karate roll/escape.
- 2nd Brown Belt or higher rank only can compete and all katas must be approved by their Sensei.
- The winner will be determined by the judges' ruling.

One-Step Sparring

- Competitors are to demonstrate defenses against an opponent delivering a single technique attack with two steps.
- Strikes, take-downs, throws, chokes, and locks are allowed. Weapons are not allowed for either attacker or defender.
- Time limits: 2 minutes and maximum of 6 techniques. Order of performance is randomly selected.
- Only the defender will compete and be counted for a win. However, mistakes or hesitations by the attacker will affect the defender's score. Multiple attackers are permitted.
- Ranks green belt or higher MUST include at least one throw, one take-down, and one lock to be eligible in competition.

Creative Breaking

- Competitors must bring their own breaking materials and stands.
- Judging determined by power, variety of strikes used, and variety of materials broken.
- Maximum of 6 breaks permitted.
- The winner will be determined by the judges' ruling.

Grappling

- Matches are 4 minutes in length and begin from a standing start.
- The winner will be determined by the judges' ruling on points or tap-out.
 - Throws (4 points) Both feet must leave the ground.
 - Takedowns (2 points) if one foot stays on the ground.
 - Sweeps (2 points) from guard or half guard
 - Reversals (2 points) from bottom to top position
 - Knee on Chest (2 points) for 3 seconds, straight leg.
 - Pass Guard (3 points) chest to chest, opponent flat 3 seconds.
 - Mount (4 points) both knees and feet on mat, 3 seconds.
 - Rear Mount (4 points) control with both hooks in, 3 seconds
- No eye gouging, hair pulling, scratching, biting, or striking is permitted.
- No attacking the windpipe with fingers.
- Stalling, avoiding your opponent, running out of bounds, and butt-scooting are not allowed. Competitors will be given one warning and then points will be deducted for each offense.
- Pressure points are permitted. No finger locks permitted.

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MEDICAL RELEASE FORM

Name _____ (age: ___) has my/our permission to participate in the Maryland Tai Chuan Do Tournament sponsored by the First Baptist Church of Laurel Dojo, the Forcey Memorial Dojo, and the Oak Grove Baptist Dojo on Saturday, April 17, 2010 at First Baptist Laurel, 15000 First Baptist Lane, Laurel, MD 20707. The event will begin PROMPTLY at 9:00am and finish around 5:00pm. Transportation to and from the event, and during the lunch break, is the sole responsibility of the participant.

I/we will in no way hold the leaders of the dojos or churches responsible in the event of an accident. Martial arts have the potential for injury or accident. Should there be an accident or injury requiring medical attention, the student's dojo instructor has my/our permission to seek medical attention at the nearest hospital or medical facility at the parents'/participant's expense. Our phone number(s) and address are as follows:

home: () _____ or cell/work: () _____

Address: _____
(street) (city) (state) (zip)

Dojo that the participant currently attends: Laurel, Forcey Memorial, or Oak Grove

If you are unable to reach me/us please call; _____
(name)

at home: () _____ or work: () _____.

Our personal physician's name is:

_____ Phone: () _____.

Insurance Company: _____; Policy ID #: _____

If the participant is under medical treatment, on medication, has allergies or a physical disability, or other medical problems that we should know about, please describe:

Participant's Covenant

In the event that the aforementioned participant demonstrates disrespect or endangerment to another participant, the parent/participant will be responsible for the immediate removal of said participant from the premises.

Participant (adult)/Parent Signature: _____ Date: _____

Participant (minor) Signature: _____ Date: _____

Permission for minors to compete in Creative Breaking Competition: Yes No

Photo/Video Release

Many of our events are photographed or videoed for promotional use on the web or videos. Do you permit us to take such videos or photos of your youth?

Yes No

BRING A SACK LUNCH or MONEY FOR SATURDAY'S LUNCH.